

My Brian Head Check List

We are looking forward to having your child enjoy a day on the slopes with us. We hope this list will make it easy to prepare your child for their day. It is important for the success of your child that they come prepared for all weather conditions. This list is broken down into two parts. Please make sure your child has ALL essential items with them before boarding the shuttle.

Essential Items

- Completed Release Form – given to Chaperone on first day of session. These can be downloaded from top of page www.brianhead.com/youth/index.html
- Rental Form – to be held by child on the first day of the session. These can be downloaded from top of page www.brianhead.com/youth/index.html
- Sunblock – make sure and use even on cloudy days. Remind them to re-apply at lunch.
- Chapstick – with SPF
- Goggles or sunglasses – goggles are preferable
- Lunch – for supervision reasons students are not allowed to purchase lunch
- Gloves or Mittens – these should be designed for snow conditions.
- Hat or jacket with hood
- Ski/Snowboard pants
- Winter jacket

Nice-to-have Items

- Helmet
- Hand warmers – improves comfort of the hands on a cold day.
- Gaiter – this protects the lower face. Important for comfort and safety during windy conditions.
- Snow boots – for before and after skiing/snowboarding
- Extra pair of socks

Tip: If you dress your child in layers, they can always remove a layer if they get hot. It's harder to add layers after the fact, especially when you're cold.

Tip: Performance socks will keep feet the warmest. Do not wear two layers of socks as this actually makes the feet colder.