

## LEGEND

 PICNIC AREA

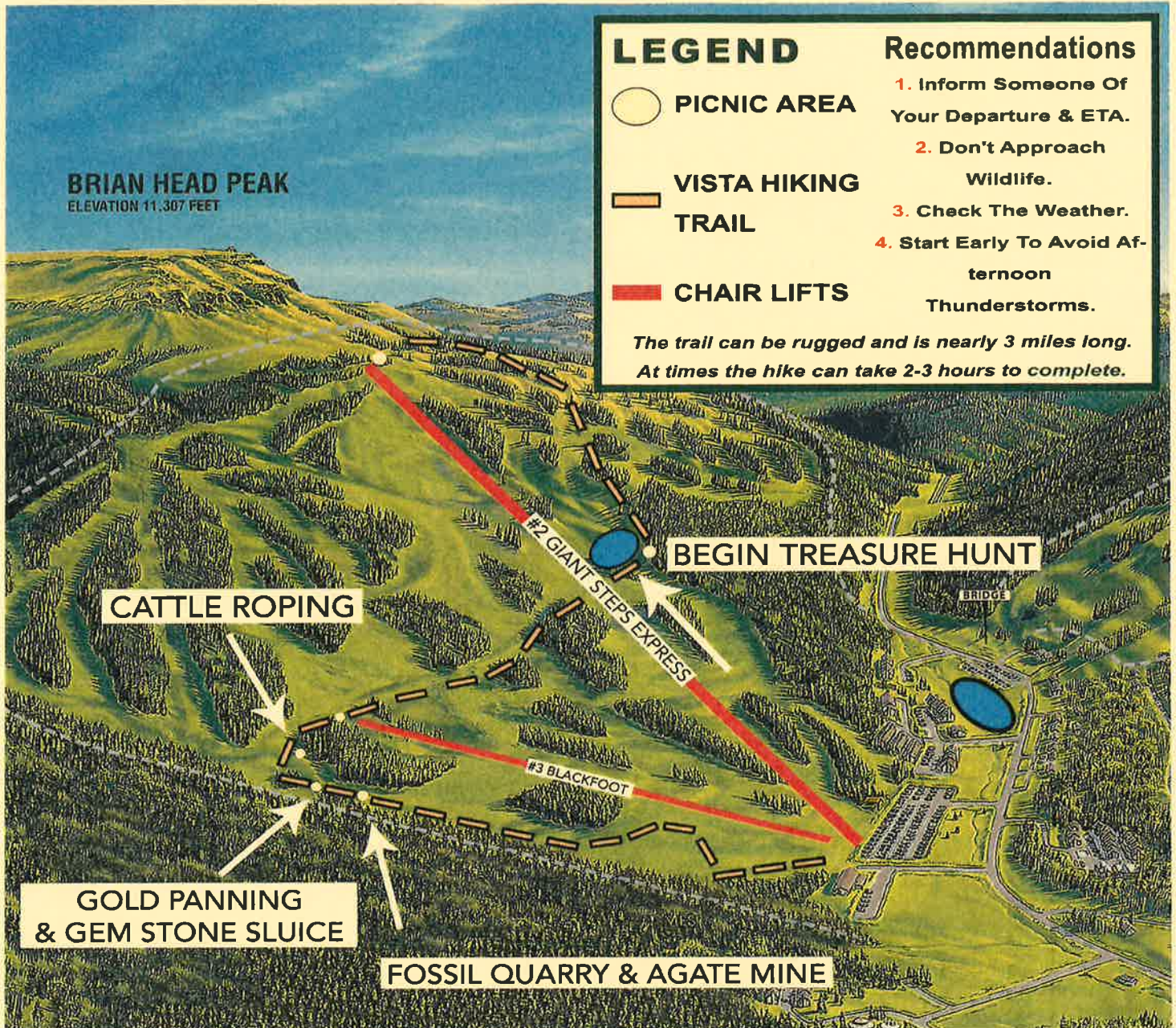
 VISTA HIKING TRAIL

 CHAIR LIFTS

## Recommendations

1. Inform Someone Of Your Departure & ETA.
2. Don't Approach Wildlife.
3. Check The Weather.
4. Start Early To Avoid Afternoon Thunderstorms.

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At times the hike can take 2-3 hours to complete.*



- **ADULTS:** *The trail can be rugged and is nearly 3 miles long. At times the hike can take 2-3 hours to complete. Please plan your days activities accordingly! We do what we can to make it safe, but there are still things that scrape, poke, pinch, sting and bite. The trail is well marked, but it is still possible to stray onto an adjacent trail or off the trail in search of something pretty. An adult is required to participate in the trail activities.*
- **PROPER CLOTHING:** This should include a durable pair of shoes and jacket. Flip-flops and sandals tend to fall off when riding the lift and are not suitable for mountain terrain. The adventure can last hours and weather can change very quickly. Rain-gear and work gloves are also good ideas.
- **LIQUIDS:** Liquids are essential to prevent altitude sickness and dehydration. We do not recommend drinking out of streams, lakes or hydrants on the mountain.
- **FOOD:** Lunch and snacks are highly recommended. There are several picnic areas along the trail. Taking your time is easier when you take something tasty with you.
- **SUN & BUG PROTECTION:** At our high altitude it is still very easy to get burned. Use sunscreen, sunglasses, a hat and lip protection on this hike. Don't let bugs ruin your day, apply insect repellent also!
- **TRAIL MAP:** To better help identify where you are, look for landmarks such as chair lifts, picnic areas, ponds, and activity areas.
- **CELL PHONES:** Some cell phone providers work really well on the mountain, but please check before heading out. If you need patrol or have a question while on the trail please contact Ken Jenson at (435) 590-3413. You may also call the resort at (435) 677-2035. Patrol is only available during operating hours.